

## Professional Goal/Target Sheet Template

### Professional Development Plan

Topic: Terminology & Alternative Movement

Date: Feb 28th, 2023

Grade/Subject: Grade 9 Physical Education Bean Bag Toss Lesson

Teacher: Mr. Meger

Observer:

1. Professional Target	2. Steps to Achieve Target
Use proper terminology ✓	Be prepared and know <u>adaptations</u>
Be clear in instruction and encourage participation both before and during movements	Focus on using inclusive terminology • <i>alternative ideas you will use?</i>
Offer alternative movements to students who may need to increase or decrease difficulty <i>• all 18 trees are purposeful - limit # in 30min.</i>	Practice addressing the class & being loud

### 3. Instructions to observer (be specific)

Listen to my terminology, make note of non-inclusive language, (you guys) is common term that I would like to stop using

Track if I am offering positive <sup>praise</sup> encouragement to students

### 4. Data collection

• ensure you are collecting info for each target - limiting # of professional goals (1) during a lesson allows you to home in on the idea & ensure you & your data collector are not overwhelmed or info is superficial.

## Professional Goal/Target Sheet Template

### Professional Development Plan

Topic: Terminology & Alternative Movement

Date: Feb 8th, 2023

Grade/Subject: Grade 7 Physical Education Basketball Lesson

Teacher: Mr. Meger

Observer:

1. Professional Target	2. Steps to Achieve Target
Use proper terminology	Be prepared and know adaptations
Be clear in instruction and encourage participation both before and during movements	Focus on using inclusive terminology
Offer alternative movements to students who may need to increase or decrease difficulty	Practice addressing the class & being loud
Gus-11	

### 3. Instructions to observer (be specific)

Listen to my terminology, make note of non-inclusive language, (you guys) is common term that I would like to stop using

Track if I am offering alternative movements to students who require them

### 4. Data collection

Clear instructions of warmup. I liked the whistle threatening. Solid PE voice! Clarified instructions after the first cycle to make sure they understood what to do and what was wrong. Explained the purpose of the warmup activity. Good timing between activities. Good job of explaining what the expectation is when the whistle goes (holding the ball) and what the consequences are for not doing this. Sitting to talk is a good way to get them to settle.