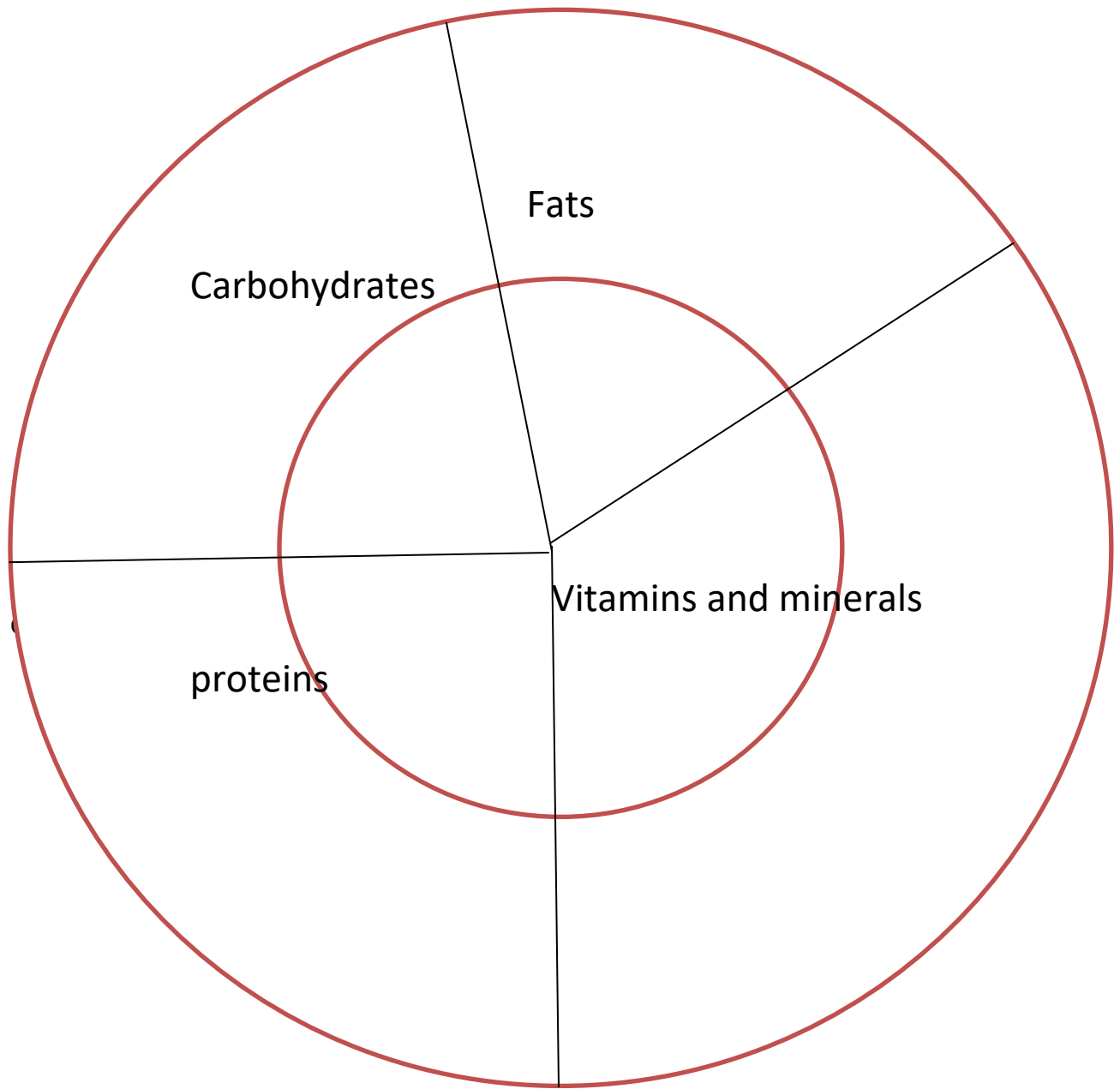


Balanced diet



Fibers