

6.1 Personal Standards & Identity

Identity

What is identity?

Christian

Norwegian &
Russian

Sister

Youth
Leader

Female

Intern
Teacher

Wife

Animal Lover

Book Lover

Musician

Traveler

Lover of
laughs

Canadian

Auntie

Daughter



Identity

The set of qualities and beliefs that make one person or group different from others.



What makes you - you? Activity

Draw a picture of yourself. Around your self portrait include words/pictures that make you different and unique. What makes you - you?

1. Draw a beautiful picture of yourself!

2. Add words around your picture that make you – you!

3. Your masterpiece is finished!

Personal Values

Making Connections: Identity & Values



The illustration depicts a child's head with a large, vibrant, multi-colored swirl of hair or thought bubbles. A banner draped across the top of the swirl reads "IDENTITY and VALUES". Various symbols are scattered throughout the swirl, including a microscope, a tent, a Buddha figure, a beaker, a watering can, a potted plant, a hand holding a flower, a campfire, a teapot, a globe, and a moon. The background is a light blue sky with stars and a crescent moon.

0:09 / 5:03

#personaldevelopment #teacherresources #primaryteachers
Wellbeing For Children: Identity And Values

738,535 views · Aug 9, 2018

6.2K DISLIKE SHARE SAVE ...

What is the difference between identity and values?

Education

Honesty

Justice

Love

Service

Humour

Punctuality

Reliable

Faith

Family

Loyalty

Fun

Generous



Value Discussion Cards

On the list, highlight your top 10 values. From there write each of them on a sticky note. Organize from most important to least important.

Name: _____ Date: _____

List of Values

<input type="checkbox"/> Adventure	<input type="checkbox"/> Freedom
<input type="checkbox"/> Beauty	<input type="checkbox"/> Fun/Playful
<input type="checkbox"/> Being original/being yourself	<input type="checkbox"/> Generous
<input type="checkbox"/> Collaboration (working with others)	<input type="checkbox"/> Honest
<input type="checkbox"/> Confident	<input type="checkbox"/> Humour
<input type="checkbox"/> Creative	<input type="checkbox"/> Inclusive (accepting everyone)
<input type="checkbox"/> Dependable	<input type="checkbox"/> Independence
<input type="checkbox"/> Determine	<input type="checkbox"/> Justice (Fairness)
<input type="checkbox"/> Faith/Spirituality	
<input type="checkbox"/> Family/Friends	
<input type="checkbox"/> Kind	<input type="checkbox"/> Reliable
<input type="checkbox"/> Knowledge	<input type="checkbox"/> Respect
<input type="checkbox"/> Love	<input type="checkbox"/> Rest/Relax
<input type="checkbox"/> Loyal	<input type="checkbox"/> Service (Help others)
<input type="checkbox"/> Passion	<input type="checkbox"/> Tolerance (putting up with)
<input type="checkbox"/> Patience	<input type="checkbox"/> Tradition
<input type="checkbox"/> Persistence (keep trying)	<input type="checkbox"/> Wealth
<input type="checkbox"/> Positive Outlook	<input type="checkbox"/> Wisdom/Education
<input type="checkbox"/> Punctuality (being on time)	

Health USC 6.1

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What are your personal Values? Activity

Word Cloud Activity

Go to [ABCYa - Word Cloud Generator](#)

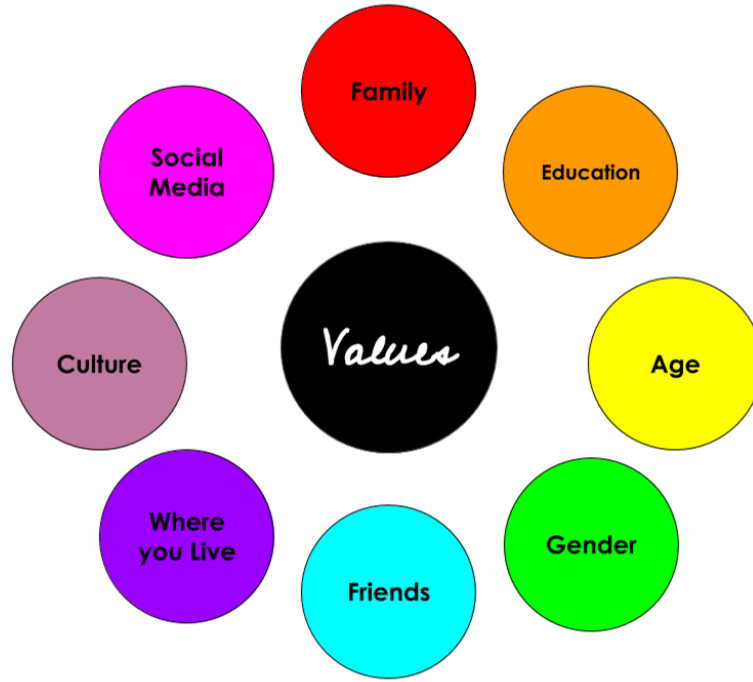
Click Play > Type your Values In > Create > Play around with colour, font, etc. > Menu > Download > Attach in Google Classroom



What influences your Values?



What influences my values?



Examples of Influences

What Influences my Values?

What value is important in my family? What do we do different than most families?	
What value is important in my school? What did I learn at school that made me - me?	
What was something important to me when I was younger What is important to me now?	
What is important to me and the people of the same gender as me? What is a value that my gender has that the other doesn't?	
What is important to my friends? What is a value that we all think is important?	
What is a value that my community holds? What do we think is important that is different than other communities?	
What is a value that my culture holds? What do we think is important?	
How has social media impacted me?	

Forced Values

How would your identity change if we took away family, culture, and where you lived values?

What is assimilation? What is colonization?



The image shows a YouTube video player interface. The video content is a still image of a Native American woman standing in traditional dress, including a large, patterned, fur-lined coat and a dark skirt with a floral pattern. The background is a textured, light-colored surface. The text 'Video Placeholder' is overlaid in the center of the image. The video player controls at the bottom show a play button, a progress bar at 0:00 / 2:19, and various icons for volume, closed captions, settings, and full screen. Below the video player, the title 'Intergenerational Trauma: Residential Schools' is displayed, along with the view count '183,761 views' and the upload date 'Mar 9, 2020'. At the bottom right, there are icons for like (681), dislike, share, save, and a menu icon.

Video Placeholder

Intergenerational Trauma: Residential Schools

183,761 views • Mar 9, 2020

681 DISLIKE SHARE SAVE ...

Personal Standards

What would you do?

Assignment Description: Read the scenarios below. Describe through writing how you would react and what you would do in each situation. Label each behaviour/action as positive or negative. Then rewrite 1 negative action/behaviour as a positive. After completing, review what values you recognize in each scenario and decode what personal standards mean.

Personal Standards Variations

- Share in groups or with the class your reaction/behaviour to scenarios provided.
- Why were some the same?
- Why were some different?

What are personal standards?

How did you define personal standards? Share with class or groups.

How you behave in certain situations. Deep values that stay with you for your whole life. Expectations of others in specific situations.

Major Assignment

Major Assignment

Provide definition and examples of:

- Identity
- Influences
- Values
- Personal Standards

Explain: Why do personal standards vary from person to person?

Explain: How do personal standards influence the way you react to a situation?

Presentations!