Health 6 UNIT ONE

HEALTH 6: USC6.1 Personal Standards & Identity

| Date | Pages | Tasks | Assessment | Due Dates |
|--|---|--|------------------------|---|
| Week 1 Sept. 13 th , | Identity Unit <u>Sept. 12th</u> | | | |
| Week 2 Sept. 19 th , 21st | Sept. 19 th | | | |
| | Sept. 21 st | What is identity? PPT Video: We are all different – and that's awesome! Self-portrait activity | Self-portrait activity | Self-portrait activity - Sept. 29 th |
| Week 3 Sept. 27 th , 29 th | Sept. 27 th | Video: Well-being for children: identity and values What is the difference between identity & values? Show slide 8 in PPT – discuss my influences Sticky note activity Create a word cloud with ABCYa – Word Cloud Generator | Word cloud | Word Cloud – Sept. 27 th |
| | Sept. 29 th | Review identity and values Brainstorm what influences your values Values – slide 12 What influences their values worksheet – provide examples to students Have them share examples | Values Worksheet | Values worksheet - Oct. 6 th |
| Week 4 Oct. 6 th | Oct. 6th | | | |
| Week 5 Oct. 11 th | Oct. 11 th | Forced values – slide 14 What is assimilation? What is colonization? Share pre-video info | | |

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| | | Video: Intergenerational trauma: residential schools | | |
| Week 6 Oct. 17 th , 19 th | Oct. 17 th | Review colonization and assimilation Share pre-video information Video: Intergenerational trauma: residential schools Personal standards – what would you do? Complete "what would you do?" activity Define personal standard Conclusion: share in groups the students reactions Why were some the same? Why were some different? | What would you do? worksheet | |
| | Oct. 19 th | Refresh personal standards Have class share their definitions of personal standards Major assignment: Define & provide examples of: → Identity → Influences Values → Personal Standards Why do personal standards vary from person to person? How do personal standards influence the way you react to a situation? PPT, oral presentation, song, poster, video | Final assignment | What would you do activity? - Oct. 17 th |
| Week 7 Oct. 26 th , 28 th | | Final Assignment Work | | Due before class on Nov. |
| Week 8 Nov. 8 th | | Presentations Discussions Assessments | | |