	Mastery	Attaining	Beginning	Experiencing Difficulty
Preparedness	Always comes to class on time with the proper materials (gym clothes, water bottle, shoes)	Often comes to class on time with the proper equipment (gym clothes, water bottle, shoes)	Sometimes comes to class on time with the proper equipment (gym clothes, water bottle, shoes)	Rarely comes to class on time with the proper equipment (gym clothes, water bottle, shoes)
Effort & Participation	Always tries their best and puts lots of effort into tasks and activities	Often tries their best and puts quite a bit of effort into tasks and activities	Sometimes tries their best and puts some effort into tasks and activities	Does not try their best and puts little to no effort into tasks and activities
Leadership & Teamwork	Respectful and encouraging towards teammates, tries to include everyone in activities/tasks, tries to be a positive role model	Often respectful and encouraging towards teammates, often includes others in activities/tasks, often tries to be a positive role model	Sometimes respectful and encouraging towards teammates, sometimes includes others in activities/tasks, sometimes tries to be a positive role model	Is not respectful or encouraging towards teammates does not include others in activities/tasks, is not a positive role model

	Mastery	Attaining	Beginning	Experiencing Difficulty
Preparedness	Always comes to class on time with the proper materials (gym clothes, water bottle, shoes)	Often comes to class on time with the proper equipment (gym clothes, water bottle, shoes)	Sometimes comes to class on time with the proper equipment (gym clothes, water bottle, shoes)	Rarely comes to class on time with the proper equipment (gym clothes, water bottle, shoes)
Effort & Participation	Always tries their best and puts lots of effort into tasks and activities	Often tries their best and puts quite a bit of effort into tasks and activities	Sometimes tries their best and puts some effort into tasks and activities	Does not try their best and puts little to no effort into tasks and activities
Leadership & Teamwork	Respectful and encouraging towards teammates, tries to include everyone in activities/tasks, tries to be a positive role model	Often respectful and encouraging towards teammates, often includes others in activities/tasks, often tries to be a positive role model	Sometimes respectful and encouraging towards teammates, sometimes includes others in activities/tasks, sometimes tries to be a positive role model	Is not respectful or encouraging towards teammates, does not include others in activities/tasks, is not a positive role model