

Cookie Decorating

1/ 2 Field Placement Lesson Plan Week 8

Grade: Grade ½

Taught to: Grade ½

Subject: Health

Time Frame: 1 hour

Content: In this activity students will be introduced to self and begin exploring traditions that shape our sense of self. Students will share traditions, stories or celebrations that make the unique. Then I will share a tradition that makes me unique which is Christmas cookie decorating. The students will then all get to take part in my unique tradition.

Goals

I can explain what a tradition is.

I know traditions contribute to my sense of “self”.

Outcomes and Indicators:

USC 1.5- Explore the association between a healthy sense of "self" and one's positive connection with others and the environment.

G) Examine stories, traditions, and celebrations of others that foster a sense of self and a connection to others and the environment.

Prerequisite Learning:

- Basic knowledge of self
- Basic knowledge of family and self-uniqueness

Lesson Preparation

Equipment/Materials

- Cookies – I did two for each student
- Icing
- Sprinkles
- Decorating tools
- Bags for cookies
- Slides- [Link at bottom of the page](#)
- Tough Cookie- [Link at bottom of the page](#)

Advanced Preparation

- Make cookies and icing
- Document cookie making process
- Open Christmas Music- [Link at bottom of the page](#)

Presentation

Set: (15 min)

Good afternoon students today we are going to be talking about self and traditions that contribute to self.

First can someone tell me what self is. Yes, your right, self is who we are and can be influenced by many different things. What kinds of things do you think might influences a person's identity? Yes, those are all great influences some other things that influence your identity are stories celebrations and traditions. Okay now I am going to give everyone 3 minutes to think of one special celebration, story or tradition that makes you unique.

GIVE 3 MINUTES TOO WORK

Okay now we are going to go around the class and share our one thing we thought of. GO AROUND THE CIRCLE AND SHARE. Okay now I will share my one tradition that makes me unique. The one tradition I am going to share with you is family Christmas cookie making.

Development: (45 min)

Every year the week approaching up to Christmas my family bakes and decorates Christmas cookies. There is a very specific process that we make and decorate cookies, while listening to Christmas carols, which make me unique. I am going to share each step with you now.

SHARE SLIDESHOW

How would you guys like to take part in my tradition and make and decorate some Christmas cookies with me.

HAND OUT SUPPLIES & START CAROLS

Closure: (10 min)

CLEAN UP SUPPLIES

Okay now we are going to share our work with our other classmates so leave you cookies on your desk and we will do a walk about gallery. Hold your hands behind your back and look with your eyes.

Okay great work today everyone. Head back to your seats and you can eat one of your cookies while we listen to Tough Cookie

Assessment- Informal – Observation

In circle time are the students able to identify one tradition, story or celebration that makes them unique?

Slides link- https://docs.google.com/presentation/d/15RjlhAUH_U-7VRtNbkR7UgvVthw8k9XqIB1kDhvmFUo/edit?usp=sharing

Christmas Music- <https://www.youtube.com/watch?v=grhi8MLM1i8>

Book- <https://www.youtube.com/watch?v=f1FWdRfOAGI>

Professional Development Plan

Topic: Health.

Date: December 1st 2021

Teacher Miss. Dayman

Observer Cheri Medowcroft

<p>1. Professional Goal -Have a clear set and closure.</p>	<p>2. Steps to Achieve Goal -Have students gather and get. Class discussion about traditions to SET our lesson. -Have student finish with book as a clear closure.</p>
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3. Instructions for Observer: Are my instructions flowing right, making sense? –
-Observe the SET and hook of the top when I introduce the topic and get students to think about traditions and what traditions they do.

-Observe closure when students are watching the book and eating there cookies.

4 Data Collection

5. Other Comments